

Antonio Guaita

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ANTONIO GUAITA Director of the “Fondazione Golgi Cenci” from April 2008

Degrees:

1973: degree in medicine at the Pavia University

1976: specialization in Occupational medicine, Pavia University

1979: specialization in Gerontology and Geriatrics , Florence University

1984: specialization in Physical medicine and Rehabilitation, Pavia University

Work experience at the Geriatric Institute “C. Golgi” Abbiategrasso (MI) :

From 1974 to 1985: assistant physician

From 1985 to 1990: consultant physician

From 1990 to march 2008: medical director

Teaching experience: Professor at the postgraduate specialty in Geriatrics of the University of Milan from 2002 to 2012. Professor at the Catholic University of Milan , teacher responsible for the “ psycho geriatric laboratory “ (psychology degree) from 2004 to 2011; from 1988 to 1997: Professor at the University of Pavia, teaching: “Preventive medicine for the aging people” for post graduate specialization for Community medicine. Research consultant at the SUPSI (Scuola Universitaria Professionale Svizzera Italiana - Swiss University Professional School Italian country - Department of Health).

Foreign experiences: post graduate student at the St Pancras Hospital, London (1978) for four months. Visit to the Geriatric Evaluation and Intensive Unit in Los Angeles (1989). Visit to some special care unit for Alzheimer’s disease in British Columbia (1994). From 1995 cooperation with the occupational therapist Moyra Jones and her son Marc Jones, (Vancouver, British Columbia), who developed an original “prosthetic” approach to the care of the people with dementia, named “Gentlecare”.

Antonio Guaita is the past president of the Lombardy section of the Italian Geriatrics society (SIGG : Società Italiana Gerontologia e Geriatria); component of the editorial board of the medical magazine “Non pharmacological therapies in dementia”, Nova Publisher; member of the “Gerontological Society of America”; member of the national board of the “Associazione Italiana Psicogeriatria(AIP)” and of “Associazione Ricerca Invecchiamento Cerebrale (AIRIC)”.

Number of publications indexed in PUBMED : 28

Selected publications :

Guaita A, Jones M A “Prosthetic Approach for Individuals With Dementia? “ JAMA. 2011;305:402-403.

Cherubini A, Ruggiero C, Dell'Aquila G, Eusebi P, Gasperini B, Zengarini E, Cerenzia A, Zuliani G, Guaita A, Lattanzio F. Underrecognition and under treatment of dementia in Italian nursing homes. J Am Med Dir Assoc. 2012 Oct;13(8):759.e7-13. doi: 10.1016/j.jamda.2012.05.015. Epub 2012 Jun 23. PubMed PMID: 22727993.

Polito L, Kehoe PG, Davin A, Benussi L, Ghidoni R, Binetti G, Quadri P, Lucca U, Tettamanti M, Clerici F, Bagnoli S, Galimberti D, Nacmias B, Sorbi S, Guaita A, Scarpini E, Mariani C, Forloni G, Albani D. The SIRT2 polymorphism rs10410544 and risk of Alzheimer's disease in two Caucasian case-control cohorts Alzheimers Dement. 2013;9:392-9.

Guaita A, Colombo M, Vaccaro R, Fossi S, Vitali SF, Forloni GL, Polito L, Davin A, Ferretti VV and Villani S Brain aging and dementia during the transition from late adulthood to old age: design and methodology of the “Invece.Ab” population based study BMC geriatrics 2013, 13:98

Polito L, Abbondanza S, Vaccaro R, Valle E, Davin A, Degrade A, Villani S, Guaita A. Cognitive stimulation in cognitively impaired individuals and cognitively healthy individuals with a family history of dementia: short-

term results from the "Allena-Mente" randomized controlled trial. *Int J Geriatr Psychiatry*. 2014 Sep 3. doi: 10.1002/gps.4194

Polito L, Davin A, Vaccaro R, Abbondanza S, Govoni S, Racchi M, Guaita A. Serotonin transporter polymorphism modifies the association between depressive symptoms and sleep onset latency complaint in elderly people: results from the 'InveCe.Ab' study. *J Sleep Res*. 2015 Apr;24(2):215-22. doi: 10.1111/jsr.12248..

Guaita A, Vaccaro R, Davin A, Colombo M, Vitali SF, Polito L, Abbondanza S, Valle E, Forloni G, Ferretti VV, Villani S. Influence of socio-demographic features and apolipoprotein E epsilon 4 expression on the prevalence of dementia and cognitive impairment in a population of 70-74-year olds: The InveCe.Ab study. *Arch Gerontol Geriatr*. 2015 ;60:334-43. doi: 10.1016/j.archger.2014.11.006.

Corsini E, Galbiati V, Pinto A, Davin A, Polito L, Guaita A, Racchi M. Immunostimulatory effects of RACK1 pseudosubstrate in human leukocytes obtained from young and old donors. *Oncotarget*. 2015 30(6):6524-34.